



42nd Annual Conference of the Branch of Indian Psychiatric Society (Kerala)

Mental Health: Genesis to Senescence

August 2026

07 | 08 | 09

IMA House, Kochi

Organized by

Branch of Indian Psychiatric Society (Kerala) &
Ernakulam Psychiatric Society



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Dear friends and colleagues,

It is our great pleasure to invite you to SIPSCON 2026 – the 42nd Annual Conference of the Branch of Indian Psychiatric Society (Kerala), to be held at IMA House, Kochi on 7th, 8th and 9th August 2026. Kochi - the Queen of the Arabian Sea, warmly welcomes you to experience its rich heritage, scenic beauty, and vibrant cultural life, making it an ideal setting for this prestigious academic gathering.

The conference is being organised under the aegis of the Ernakulam Psychiatric Society and will offer a comprehensive scientific programme providing updates on current knowledge, evidence-based clinical practice, and emerging advances in psychiatry.

We look forward to welcoming you to Kochi for three enriching days of learning, collaboration, and fellowship at SIPSCON 2026.

Dr. Pratheesh P. J.
Organising Chairperson

Dr. T. C. Vishnu
Organising Secretary

Dr. Aswin Krishnan Ajit
Organising Treasurer

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Chairperson & Quizmaster

Dr. George Antony Lal

Co-Chairperson & Quizmaster

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Madhusoodhanan Nair

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Member

Dr. Lakshmi K P

Member

Dr. Neetu Kurian

Member

Dr. Ashika B. George

Member

PROGRAM SCHEDULE

7th August 2026, Friday			
TIME	HALL	SESSION	SPEAKER / CHAIRPERSON
2:00 PM - 4:00 PM	HALL D	Annual Undergraduate Psychiatry Quiz (Finals) 2026 Neha Maria Tom, Mariam Ann Mathew Government Medical College, Kottayam Deborah Sam, Athil M. Government Medical College, Manjeri Rohan S., Geethika Radhakrishnan Government Medical College, Thrissur Bentin Joy, Justina Mary Biju Jubilee Mission Medical College & Research Institute, Thrissur Amritha A. S., Niranjana L. Sree Gokulam Medical College Trust & Research Foundation, Trivandrum S. Moushmi, C. Krishna Chaithanya Sree Uthradom Thirunal Academy of Medical Sciences, Trivandrum	Quizmasters  Dr. Peace Jose Consultant Psychiatrist Nair's Hospital, Kochi  Dr. George Antony Lal Consultant Psychiatrist Nair's Hospital, Kochi
3:30 PM - 4:30 PM	HALL A LOBBY	Registration	
4:30 PM - 5:00 PM	HALL A	CME Inauguration	
5:00 PM - 5:15 PM	HALL C	Tea Break	
5:15 PM - 6:00 PM	HALL A	Borderline Personality: Diagnostic boundaries and Complexities in Treatment	 Dr. Christina George Professor of Psychiatry & HOD, Dr. Somervell Memorial CSI Medical College, Karakonam Chairpersons  Dr. C. J. John Senior Psychiatrist, Medical Trust Hospital, Kochi  Dr. Joice Geo Professor & Head of Department, Psychiatry, Pushpagiri Medical College Hospital, Thiruvalla, Kottayam

6:00 PM - 6:45 PM	HALL A	Sleepless Nights: A Clinical Approach to Insomnia in Elderly	 Dr. Neethi Valsan Professor of Psychiatry & HOD, Jubilee Mission Medical College & Research Institute, Thrissur Chairpersons  Dr. Lekshmy Cupthan Professor & Head of Department, Psychiatry, Government Medical College, Kottayam  Dr. Sebind Kumar Associate Professor & Head of Department, Psychiatry, Dept. Of Psychiatry, Govt. Medical College, Kasaragod
6:45 PM - 7:30 PM	HALL A	Catch Them Young: Therapeutics in Children	 Dr. Varsha Vidyadharan Professor of Psychiatry, GMC Kozhikode Chairpersons  Dr. Kuruvilla Thomas Chief Psychiatrist, Kusumagiri Mental Health Centre, Kakkanad, Kochi  Dr. Namita Nazeer Assistant Surgeon (HG), District Hospital, Kollam
8:00 PM - 10:30 PM	HALL A	Cultural Programme	
	HALL C	Dinner	

TIME	HALL	SESSION	SPEAKER / CHAIRPERSON
8:30 AM - 9:30 AM	HALL A	Free Paper Presentations Perceived Social Support and Parental Stress Among Parents of Children with Neurodevelopmental Disorders Dr. Smitha Alex Factors Associated with Drug Adherence in Individuals with Bipolar Disorder in a Tertiary Care Centre - A Cross-Sectional Study Dr. Jesna K Proportion of Patients Showing Aggressive Behaviour Among Male Psychiatric Inpatients with Substance Use Disorder - A Hospital Based Cross Sectional Study Dr. Swathy S Psychosis Following Bilateral GPi Deep Brain Stimulation for Parkinson's Disease: A Rare Neuropsychiatric Complication Dr. Rahima Nazeer	Chairpersons  Dr. Praveen Arathil Senior Consultant Psychiatrist, Renai Medcity, Kochi  Dr. Priya G. Menon Assistant Professor, Department of Psychiatry, Government Medical College, Kottayam
	HALL B	Free Paper Presentations Prevalence of Depression Among End Stage Renal Disease Patients Undergoing Maintenance Hemodialysis Dr. Thasnim Anzar r TMS-Associated Side Effects and Its Tolerability - Cross Sectional Observational Study Dr. Fexa Lis Benny Premorbid Personality and Its Association with Behavioral Symptoms in Patients with Cognitive Impairment Dr. N. G. Gopika	Chairpersons  Dr. Mili Babu Associate Professor & Head of Department, Psychiatry, Government Medical College, Idukki  Dr. Benzir Hussain Consultant Psychiatrist, Sereniche - Futureace Hospital, Kochi
	HALL A ANNEXE	Free Poster presentations Paradoxical Behavioral Manifestations Induced by a Nootropic Agent in a Child with Autism - a Case Report Dr. Gopika P Facial Hyperpigmentation in Patients with Bipolar Disorder on Lithium: a Dual Case Report Dr. Seena Shylanathan When the Gut Lies: Somatic Contamination OCD Masquerading as Functional Gastrointestinal Disorder: a 12-Month Outcome Study Dr. Raghunandan Ramanathan	Chairpersons  Dr. Vineetha V. Jose Consultant psychiatrist Lourdes Institute of Behavioural Sciences, Kochi.  Dr. Diya P. Albert Assistant Professor of Psychiatry Government Medical College, Ernakulam

8:30 AM - 9:30 AM	HALL A ANNEXE	Out of Rhythm, Out of Mind: a Case of Mexiletine-Induced Psychosis Dr. Aravind P When Behavior Mimics Seizures: a Rare Presentation of Pediatric MOGAD Dr. Archana Krishnan K Prevalence and Clinical Correlates of Aggression Among Patients with Bipolar Affective Disorder Dr. Rushda V P Neuropsychiatric Frontline: Fahr's Disease Presenting as Mood Disorder Dr. Zameen Naushad K Beyond the Boost: Unmasking the Risks of IV Mephentermine Abuse - a Case Series From Kerala Dr. Neena Saju When Intrusive Violent Images Mimic Psychosis: a Diagnostic Challenge in Paediatric Obsessive-Compulsive Disorder Dr. Namitha H Prasad The Dormant Spark: Mindfulness and Distress Tolerance as Predictive Factors in Abstinence Following De-Addiction Among Alcohol Dependent Males - a Cross-Sectional Analytical Study From a Tertiary Care Centre in Kerala Dr. Christo Mathew Beyond Parkinson's Disease: a Diagnostic Odyssey at the Neurology-Psychiatry Interface Dr. Sharithra D Acute Neuropsychiatric Manifestations Following Guillain-Barré Syndrome in a Patient with Alcohol Use Disorder: a Diagnostic Challenge Dr. Safuvan Mohammed U Acute Bilateral Secondary Angle-Closure Glaucoma Associated with Risperidone: a Case Report Dr. Sandra Francis Lost to Time: Childhood-Onset Trichotillomania Presenting After Five Decades: a Case Report Dr. Arshaq K T Late-Onset Psychosis Revealing Previously Undiagnosed Stage IV-B Endometrial Carcinoma with Bilateral Ovarian and Peritoneal Metastases and Hypercalcemia-Associated Neuropsychiatric Deterioration: a Case Report Dr. Vivek Probable Sodium Valproate-Induced SIADH in Bipolar Affective Disorder: a Case Report Dr. Angel Mary Ferdinand Online Gambling Disorder in a Young Female with Borderline Personality Disorder: a Case Report Dr. Sreedev V G	Chairpersons Dr. Vineetha V. Jose Consultant psychiatrist Lourdes Institute of Behavioural Sciences, Kochi. Dr. Diya P. Albert Assistant Professor of Psychiatry Government Medical College, Ernakulam
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9:30 AM - 10:15 AM	HALL A	Challenges for High Functioning Autistic Individuals – An Assessment Framework for Clinicians	 Dr. Miriam Isaac Consultant Psychiatrist, National Deaf CAMHS York, Leeds & York Partnership NHS Foundation Trust Chairpersons  Dr. Jaimon P. M. Associate Professor of Psychiatry, Government Medical College, Kottayam  Dr. Harsha Haridas Consultant Psychiatrist, Aster MIMS Hospital, Kannur
10:15 AM - 10:30 AM	HALL C	Tea Break	
10:30 AM - 11:30 AM	HALL A	Conference Inauguration  Chief Guest Hon. Mr. Justice Devan Ramachandran Judge, High Court of Kerala	
11:30 AM - 12:15 PM	HALL A	Ernakulam Psychiatric Society Oration Award 2026 Topic : Serendipity in Neuro-psychopharmacology	 Dr. E. Mohandas Consultant Psychiatrist, Sun Medical & Research Centre, Trichur & Director & Prof., International Institute of Organizational Psychological Medicine Chairpersons  Dr. Mohan Sundaram Senior Psychiatrist, Manohar Hospital, Kallai, Kozhikode  Dr. M. Chandrasekharan Nair Senior Consultant Psychiatrist, Nair's Hospital, Kochi
12:15 PM - 1:15 PM	HALL A	Annual General Body Meeting	
1:15 PM - 2:30 PM	HALL C	Lunch	
2:30 PM - 3:00 PM	HALL A	Venad Guild Young Psychiatrist Award 2026 Anxiety, Depression, Suicidal Behaviour, Substance Use Disorder and Quality of Life Among Transgender Individuals Dr. Subha T Psychiatric Morbidity, Suicidality, and Marital Dissatisfaction in Wives of Alcohol-Dependent Men Dr. Arya Jith Suicidality Among Elderly Psychiatric Inpatients: Prevalence and Correlates Dr. George Antony Lal	Chairpersons  Dr. Jithu V. P. Professor of Psychiatry, Government Medical College, Kozhikode  Dr. Sreeja Sreekumar Associate Professor, Department of Psychiatry, M.O.S.C Medical College, Kolenchery, Ernakulam

3:00 PM - 3:45 PM	HALL A	Clinical Approach to Disruptive Mood Dysregulation Disorder (DMDD)	 Dr. Sheena G. Soman Consultant Psychiatrist, Government MHC, Thiruvananthapuram Chairpersons  Dr. Alfred V. Samuel Senior Consultant Psychiatrist, Holycross Hospital, Kottiyam, Kollam  Dr. Ringhoo Theresa Jose Head of Department, Psychiatry, Lourdes Institute of Behavioural Science, Kochi
	HALL B	Neuroinflammation and Immune Dysregulation in Dementia Progression: Mechanisms, Biomarkers and Therapeutic Horizons	 Dr. Aravind K. Assistant Professor of Psychiatry, Government Medical College, Konni Chairpersons  Dr. K. S. Shaji Dean (Research), Kerala University of Health Sciences, Thrissur  Dr. Ashok Antony Professor, Department of Psychiatry, Sree Narayana Institute of Medical Sciences, Ernakulam
3:45 PM - 4:30 PM	HALL A	Problematic Use of Internet: A Practical Approach	 Dr. Dayal Narayan Professor of Psychiatry & HOD, GMC Manjeri Chairpersons  Dr. Subramanian S. V. Senior Consultant Psychiatrist, Govt. Mental Health Centre, Thrissur  Dr. Indu V. Nair Senior Consultant in Psychiatry, Govt. Mental Health Centre, Trivandrum
	HALL B	Beyond Weight Loss: Psychiatric Implications of GLP-1 Agonists	 Dr. Anju Mathew Professor of Psychiatry & HOD, GMC Kollam Chairpersons  Dr. Anil Prabhakaran Professor of Psychiatry, Dr. SMCSI Medical College, Karakonam, Trivandrum  Dr. Vinayak M. Consultant Psychiatrist, CIMHANS Hospital, Kuthuparamba, Kannur
4:30 PM - 4:45 PM	HALL C	Tea Break	

4:45 PM - 5:30 PM	HALL A	Mental Illness: The Neurodevelopmental Origins	 Dr. Vivek Benegal Professor of Psychiatry, NIMHANS Chairpersons  Dr. Vidhukumar K. Professor & Head of Department, Psychiatry, Government TD Medical College, Alappuzha  Dr. Shahul Ameen Consultant Psychiatrist, St. Thomas Hospital, Changanacherry, Kottayam  Dr. Deenu Chacko Associate Professor, Department of Psychiatry, Government Medical College, Ernakulam
5:30 PM - 6:15 PM	HALL A	Clinical Management of Persons with Dementia in Psychiatric Practice	 Dr. P. T. Sivakumar Professor of Psychiatry & Head, Geriatric Psychiatry Unit, NIMHANS Chairpersons  Dr. Indu P. V. Professor of Psychiatry, Government Medical College, Ernakulam  Dr. Anees Ali Consultant Psychiatrist, Manassanthi Hospital, Ramanattukara, Kozhikode  Dr. S. Shaji Chief Psychiatrist, Bethsada Hospital, Vengola, Ernakulam
8:00 PM - 10:30 PM	HALL A	Cultural Programme	
	HALL C	Dinner	

TIME	HALL	SESSION	SPEAKER / CHAIRPERSON
9:00 AM - 10:00 AM	HALL A	Palakkad Psychiatric Guild Best Psychiatry PG Paper Award 2026 Effectiveness of Digital Detox in Reducing Anxiety, Depression, and Improving Sleep Quality Among Adolescents with Digital Addiction: a Pilot Feasibility Study Dr. Raghunandan Ramanathan Knowledge of Attention-Deficit / Hyperactivity Disorder Among Primary School Teachers: a Cross-Sectional Study Dr. Arun George Alex Emotional and Behavioral Screening of Adolescents (11-17 years) Using the Strengths and Difficulties Questionnaire (SDQ) Dr. Gayathry Prasanth Knowledge That Protects: Analysis of Mental Health Literacy Among Police Personnel of a Selected District in South Kerala Dr. Sanjana G Frequency of Behavioral Addiction and Its Associated Factors in Adolescents Attending a Tertiary Care Centre Dr. Rojith Joseph Ray Mind Meets Malignancy: Exploring the Association of Psychological Distress, Functional Status, Social Support and Pain with Psychiatric Morbidity in Cancer Patients - a Cross-Sectional Study Dr. Neeraja Balagopal	Chairpersons  Dr. Nisha A Professor & HOD Dept of Psychiatry MOSC Medical College, Kolenchery  Dr. Sandeep Alex Associate Professor Dept of Psychiatry Govt Medical college Kottayam
	HALL B	Free Paper Presentations Influence of Media on Knowledge and Perceptions of Substance Use Among Young Adults: A Cross Sectional Study Dr. Thanzy Nizam Prevalence and Correlates of Antenatal Depression: A Hospital Based Cross Sectional Study Dr. Neena Earnest Prevalence and Clinical Profile of Patients with Premenstrual Dysphoric Disorder Attending a Tertiary Care Centre in Kerala Dr. Jaswini N	Chairpersons  Dr. Neeraj H. Consultant Psychiatrist, Apollo Adlux Hospital, Karukutty, Ernakulam  Dr. Chinju Somanathan Consultant Psychiatrist, DDC SPARKS, Centre for Neurobehavioral Disorders and Child Advancement, Alappuzha
	HALL A ANNEXE	Kollam Psychiatric Society Best Poster Award for Post Graduates 2026 Behind the Psychiatric Masquerade: Unmasking a Case of Progressive Supranuclear Palsy - Frontal Variant Dr. Sneha Elizabeth Bijoy	Chairpersons  Dr. Ajith Premnath Associate Professor of Psychiatry MES Medical College, Perinthalmanna  Dr. Sanker Sasidharan Psychiatrist, District Hospital, Kollam Dept of Health Services, Kerala Government

		Rare Delusions, Real Challenges: Delusion of Pregnancy in an Adolescent Male Dr. Abhinanth B When the Cure Becomes the Culprit: a Therapeutic Dilemma in Corticosteroid-Induced Neuropsychiatric Manifestations of Pemphigus Vulgaris Dr. Devipriya Jayesh Invisible Urges, Visible Harm: a Teen's Battle with OCD Dr. Niveditha B Sanal Nowhere in Time Forever: a Typical Case of Korsakoff's Psychosis Dr. Pavithra S Nath Psychosis Associated with Left Side Vestibular Schwannoma Resection: a Case Report Dr. Angel Das Y L A Unique Case of Severe Cachexia, Anemia with Non-Healing Ulcers - Tricky Overlap of OCD and Delusional Disorder Dr. Rahul H Nath A Young Mind on Overdrive: Diagnostic Challenges of Childhood Onset Bipolar Disorder Dr. Liya Mariam John Persistent Lithium-Associated Ataxia and Peripheral Neuropathy in Bipolar I Disorder: a Case Report Dr. Sneha Mariam Shibu From Surgery to Psychiatry: Risk-Stratified Management of Deliberate Deep-Tissue Needle Insertion in Emotionally Unstable Personality Disorder - a Case Report Dr. Raghunandan Ramanathan	
10:00 AM - 10:45 AM	HALL A	ADHD: Recent Advances	 Dr. Deepak Gupta Child & Adolescent Psychiatrist, Founder-Director, Centre For Child & Adolescent Well Being, Delhi Chairpersons  Dr. Philip John Senior Consultant Psychiatrist, Peejays Polyclinic and Child Guidance Clinic @ the Neurocenter, Kochi  Dr. Anoop Vincent Professor & Head of Department, Psychiatry, Sree Narayana Institute of Medical Sciences, Ernakulam  Dr. Suhas Chandran Associate Professor of Psychiatry & Head, Child and Adolescent Psychiatry Unit, St. John's Medical College, Bengaluru
10:45 AM - 11:00 AM	HALL C	Tea Break	

11:00 AM - 11:45 AM	HALL A	Between Blues and Dysphoria: Premenstrual Dysphoric Disorder	 Dr. Ganga G. Kaimal Professor of Psychiatry, Government TD Medical College, Alappuzha Chairpersons  Dr. Radhakrishnan M. P. Professor & Head of Department, Psychiatry, Travancore Medical College, Kollam  Dr. Abdurazak Kottelassal Consultant Psychiatrist, Government Mental Health Centre, Kozhikode
	HALL B	Young Psychiatrist Forum Prevention and Management of Delirium in Elderly Patients in Hospital Settings Dr. Akhil A. S. Mental Health in Postpartum: Risk Factors and Impact on Infants Dr. Hareeshma K. Viswanath Deprescribing in Psychiatry Dr. Hanihasan P	 Dr. Akhil A. S. Assistant Professor, GMC Trivandrum  Dr. Hareeshma K. Viswanath Senior Resident, GMC Ernakulam  Dr. Hanihasan P. Junior Consultant, Government MHC Kozhikode Chairpersons  Dr. T. C. Vishnu Consultant Psychiatrist, Nair's Hospital, Kochi  Dr. Pratheesh P. J. Consultant Psychiatrist, Solace Neurobehavioral and Child Guidance Center, Kochi
11:45 AM - 12:30 PM	HALL A	Mental Health Considerations in Transgenders	 Dr. Rajmohan V. Professor of Psychiatry, KMCT Medical College, Kozhikode Chairpersons  Dr. K. Sudarsan Senior Consultant Psychiatrist, Co-operative Hospital, Thodupuzha  Dr. Mohan Roy G. Professor, Department of Psychiatry, Government Medical College, Trivandrum
	HALL B	Young Psychiatrist Forum (continuing) Artificial Intelligence in Psychiatry: Opportunities and Challenges Dr. Arunima Krishnan R.	 Dr. Arunima Krishnan R. Senior Resident, GMC Kottayam  Dr. Sajan T. Alex Senior Resident, Pushpagiri Medical College, Thiruvalla

	HALL B	Strategies to Improve Medication Adherence in Mental Illness Dr. Sajan T. Alex Burnout Among Health Professionals: Prevention and Coping Mechanisms Dr. Reshmi Chandran	 Dr. Reshmi Chandran Senior Resident, Travancore Medical College, Kollam Chairpersons  Dr. Aswin Krishnan Ajit Consultant Psychiatrist, Dhanya Doctors Chamber, Thammanam, Kochi  Dr. Lakshmi K. P. Associate Professor, Department of Psychiatry, Amrita Institute of Medical Sciences, Kochi
12:30 PM - 1:15 PM	HALL A	Suicidal Behaviour Among Adolescents and Young Adults	 Dr. Smitha Ramadas Professor of Psychiatry, GMC Thrissur Chairpersons  Dr. Sagar T. Senior Consultant in Psychiatry & Nodal Officer, District Hospital, Kozhencherry & District Mental Health Programme, Pathanamthitta  Dr. Jayaprakashan K. P. Professor & Head of Department, Psychiatry, Government Medical College, Thrissur
	HALL B	Free Paper presentations for MBBS undergraduates Severity of Alcohol Dependence Syndrome and Its Association with Age of Onset of Alcohol Use Amal Anto Factors Influencing Anxiety and Depression Among Medical Students: A Cross-Sectional Study Alin Maria	Chairpersons  Dr. Gargi Pushpalal Consultant Psychiatrist Rajagiri Hospital, Kochi  Dr. Jyothi Madhusoodhanan Nair Consultant psychiatrist, Welcare Hospital
01:15 PM - 1:45 PM	HALL A	Valedictory Function	
1:45 PM - 2:45 PM	HALL C	Lunch	

SPORTS EVENTS

MEN'S FOOTBALL

(North vs South)

DNA Sports Indoor Arena,
Opp. IMA House, Kochi
7:00 AM - 9:00 AM

Aug 2026

08

Saturday

TABLE TENNIS

(Men's & Women's)
(Singles & Doubles)

DNA Sports Indoor Arena,
Opp. IMA House, Kochi
7:00 AM - 10:00 AM

Aug 2026

08

Saturday

CHESS

(Mixed category)

EPS Office, 8th Floor,
IMA House. Kochi
9:00 AM - 6:00 PM

Aug 2026

08

Saturday

BADMINTON

(Men's & Women's)
(Singles & Doubles)

IMA House, Kochi
5:00 PM - 8:00 PM

Aug 2026

08

Saturday

MEN'S CRICKET

(North vs South)

Kalikkalam Turf, Opp.
Lulu Mall, Edappally, Kochi
7:00 AM - 10:00 AM

Aug 2026

09

Sunday

WOMEN'S FOOTBALL

Shootout (4 members/team)

DNA Sports Indoor Arena,
Opp. IMA House, Kochi
8:00 AM - 9:00 AM

Aug 2026

09

Sunday



Jibin Christopher
(Drummer)

Joji Jo
(Lead Guitarist)

Roshan
(Keyboardist)

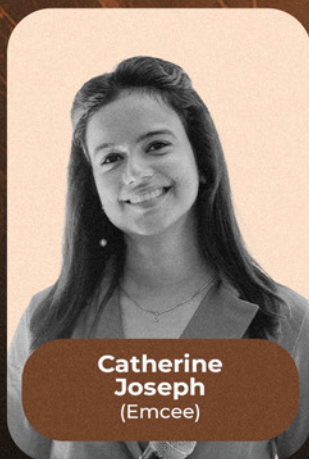
Ebi Michel
(Bass Guitarist)

MIDNIGHT
THEORY
07th Aug 2026
Friday

P S Narendren
(Lead Violinist)



Featuring
Nihal Azad
(Flutist)



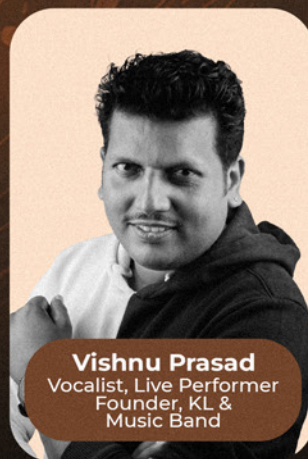
Catherine Joseph
(Emcee)



Shabna
(Live Performer)



Fahad
Playback Singer, Live
performer, Music
Producer



Vishnu Prasad
Vocalist, Live Performer
Founder, KL &
Music Band



VOLCANO
DANCE COMPANY

Dance troupe

08th August 2026
Saturday

MINDBLITZ

Learn. Blitz. Win.

How to Participate

- ✓ Attend the Scientific Sessions
- ✓ Answer Through the SIPSCON App
- ✓ Participate Throughout All Three Days



Quiz Rules

- Answer 5 MCQ'S after each sessions.
- Every correct answer earns points.
- Faster correct responses earn higher points.
- Only answers submitted within the allotted quiz time will be considered.
- Participation is open only to registered delegates logged into the SIPSCON 2026 App.
- The decision of the Quizmasters shall be final.



SIPSCON 2026 MINDBLITZ CHAMPIONS

At the end of the conference, the **three delegates with the highest overall scores** will be crowned the **SIPSCON 2026 MindBlitz Champions** and will be awarded during the **Valedictory Ceremony**.

 Download Now



Palakkad Psychiatric Guild Best Psychiatry PG Paper Award 2026

Palakkad Psychiatric Guild Best Psychiatry PG Paper Award is an annual award instituted by the Branch of Indian Psychiatric Society (Kerala) out of the endowment received from Palakkad Psychiatric Guild aiming to promote research among **postgraduate students** of Psychiatry.

The original research paper should be from a recognized institute in Kerala, and **the presenting postgraduate student and all the other authors must be members of the Branch of Indian Psychiatric Society (Kerala)**. The writing format and referencing of the paper should adhere to the guidelines of the Kerala Journal of Psychiatry.

A maximum of 6 selected papers will have an oral presentation at SIPSCON 2026. The time allotted for oral presentation will be 8 minutes followed by 2 minutes of discussion for each paper. The Awards Committee will award the 3 best papers out of the selected papers following the oral presentation. First Prize: Rs. 7000/- and Certificate, Second Prize: Rs. 5000/- and Certificate, Third Prize: Rs. 3000/- and Certificate.

Submit a structured **abstract (anonymized** - without mention of names of authors/institution/ethics committee number or enabling identification of the institution) with a word limit of 300 words and a **covering letter** mentioning the names of the authors and contact addresses of all authors along with a **letter of authorization** from the Head of Department of Psychiatry of the institute (certifying postgraduate student status and that the study was done in the department under the supervision of a staff member) on or before **30th June 2026**. Abstracts submitted beyond the deadline will not be considered for the award.

The **final paper (anonymized** - without mention of names of authors/institution/ethics committee number or enabling identification of the institution) of the abstracts should be submitted through the web portal on or before **15th July 2026**. If the paper is selected for oral presentation at SIPSCON 2026, the **final Microsoft PowerPoint presentation** of the research paper should be submitted through the web portal on or before **28th July 2026**.

For detailed information, visit sipscon2026.in

Kollam Psychiatric Society Best Poster Award for Post Graduates 2026

Kollam Psychiatric Society Best Poster Award for Post Graduates is an annual award instituted by the Branch of Indian Psychiatric Society (Kerala) out of the endowment received from Kollam Psychiatric Society aiming to promote research among **postgraduate students** of Psychiatry.

The e-poster should be from a recognized institute in Kerala, and **the presenting postgraduate student and all the other authors (if any) must be members of the Branch of Indian Psychiatric Society (Kerala)**. The e-poster should follow the e-poster guidelines and design of the template given on sipscon2026.in

A maximum of 10 e-posters will be selected for presentation out of the submissions received. These e-posters will be displayed and evaluated by judges selected by the Awards Committee at SIPSCON 2026. The poster presentation will typically consist of a 3-minute oral presentation followed by 1 minute of discussion. First Prize: Rs. 5000/- and Certificate, Second Prize: Rs. 3000/- and Certificate Third Prize: Rs. 2000/- and Certificate.

Submit a structured **abstract (anonymized** - without mention of names of authors/institution/ethics committee number or enabling identification of the institution) with a word limit of 300 words and a **covering letter** mentioning the names of the authors and contact addresses of all authors along with a **letter of authorization** from the Head of Department of Psychiatry of the institute (certifying postgraduate student status and that the study was done in the department under the supervision of a staff member) on or before **30th June 2026**. If the submitted abstract is selected for presentation, the **final e-poster** in Microsoft PowerPoint format should be submitted through the web portal on or before **15th July 2026**.

For detailed information, visit sipscon2026.in

Venad Guild Young Psychiatrist Award 2026

The Venad Guild Young Psychiatrist Award has been instituted by the Branch of Indian Psychiatric Society (Kerala) out of the endowment received from Venad Guild of Psychiatrists for promoting research interest among young psychiatrists. The award is given for the best original research paper by a young psychiatrist **aged 40 years or below**.

All authors, including the presenting author should be members of the Branch of Indian Psychiatric Society (Kerala). It should not have been presented or published elsewhere, either in part or whole. The writing format and referencing of the paper should adhere to the guidelines of the Kerala Journal of Psychiatry. The manuscript will be evaluated by a panel of three judges and the floor presentation will be evaluated by another panel of three judges.

The total marks for the Venad Guild Young Psychiatrist Award is 100 of which 70 marks will be given for the manuscript and 30 marks for the floor presentation. Out of the 70 marks allotted for the manuscript, 20 will be for relevance of the topic, 30 for the methodology and 20 for the quality of the write-up. The three manuscripts which score the highest marks will be selected for floor presentation at SIPSCON 2026. Out of the 30 marks allotted for floor presentation, 10 marks each will be for the quality of the PowerPoint presentation, coherence of presentation and discussion. The time allotted for floor presentation will be 8 minutes followed by 2 minutes of discussion.

The paper which scores the highest marks (manuscript + floor presentation) will be chosen for the Venad Guild Young Psychiatrist Award. The Award shall carry a certificate and cash prize of Rs. 10,000/-.

Submit a **manuscript (anonymized** - without mention of names of authors/institution/ethics committee number or enabling identification of the institution) and a **covering letter** mentioning the names of the authors, word count, number of tables and figures, and contact addresses of all the authors on or before **10th July 2026**. The submissions will be evaluated and the top 3 manuscripts will be selected for floor presentation at SIPSCON 2026. The **final Microsoft PowerPoint presentations** of the selected manuscripts should be submitted through the web portal on or before **28th July 2026**.

For detailed information, visit sipscon2026.in

Ernakulam Psychiatric Society Oration Award 2026

Ernakulam Psychiatric Society Oration Award is an annual award instituted by the Branch of Indian Psychiatric Society (Kerala) out of the endowment received from Ernakulam Psychiatric Society. This oration is delivered at each annual conference of the Branch of Indian Psychiatric Society (Kerala).

Any **fellow** of the Branch of Indian Psychiatric Society (Kerala) can propose the name of any other **fellow** of the society whose age is **above 60 years** for the oration award. **The proposal including the bio-data of the nominee** must be submitted to the Secretary, IPS-KSB along with the **written consent of the nominee**.

To be eligible for the award, the nomination shall be assessed on the following criteria:

- (a) Contribution to the service and development of Psychiatry in Kerala - 30 marks
- (b) Contribution to the Branch of Indian Psychiatric Society (Kerala) - 30 marks
- (c) Contribution to teaching, training, research and community awareness in Psychiatry - 20 marks
- (d) Overall seniority in Psychiatry, recognition, and standing amongst Psychiatrists in Kerala - 20 marks

A panel of judges selected by the Awards Committee of Branch of Indian Psychiatric Society (Kerala) shall rate the nominations. The bio-data sent will be the only tool for scrutiny, and its completeness and details contained within will determine the marks to maintain objectivity. The nomination securing the highest total marks (out of 100) shall win the award, subject to ratification by the awards committee and the executive committee of the Branch of Indian Psychiatric Society (Kerala). In case of a tie, the concerned nominations shall be re-assessed by another panel of judges. To win the award, at least 50 marks must be obtained by a nominee.

The entry for the award should be sent to the Secretary of the Branch of Indian Psychiatric Society (Kerala) Dr. Anees Ali, Manassanthi Hospital, Kaithakunda, Chelembra Post, Malappuram District- 673634 on or before **15th June 2026**.

The speaker can choose any topic for the oration. He shall intimate the title of the oration to the Secretary, IPS-KSB on or before **7th July 2026**. The award carries a Rs. 25000/- cash prize and a suitable scroll.

For detailed information, visit sipscon2026.in

Dr. Abdul Rahiman Memorial Gold Medal Award for House Surgeons 2026

Dr. Abdul Rahiman Memorial Gold Medal Award for **House Surgeons** is an annual award that has been instituted by the Branch of Indian Psychiatric Society (Kerala) out of the endowment received from the Calicut Psychiatric Guild in memory of psychiatrist Dr. Abdul Rahiman.

The examination will contain only multiple-choice questions and will be conducted simultaneously in all the colleges that are participating. First prize - Rs. 5000/- and Certificate, Second prize - Rs 3000/- and Certificate, Third prize - Rs 2000/- and Certificate.

The Dr. Abdul Rahiman Memorial Gold Medal Award for House Surgeons 2026 examination is proposed to be held at **2 PM on Wednesday, 15 July 2026.**

For detailed information, visit sipscon2026.in

Mental Health Media Award 2026

Mental Health Media Award is an annual award which has been instituted by the Branch of Indian Psychiatric Society (Kerala) to recognise outstanding contribution from media towards promotion of mental health presented at SIPSCON 2026.

Awards are given for news, news stories, features, and audio-visual programs related to the field of mental health in Kerala, for visual, print, and audio-visual media. Those features, news, and audio programs published/telecast/ broadcast **between July 1, 2025 and June 30, 2026** are eligible for the award. The award consists of Rs 20,000 and a Certificate of Honour.

Soft copies of entries along with a **certificate from the editor** stating the authorship (production/direction) of the entry should be sent via e-mail to the Chairperson of the IPS-KSB Awards Committee and also to Secretary of the IPS-KSB on or before **15th July 2026.**

For detailed information, visit sipscon2026.in

Annual Undergraduate Psychiatry Quiz 2026

The Branch of Indian Psychiatric Society (Kerala) conducts an annual psychiatry quiz for undergraduate MBBS students at SIPSCON 2026.

All institutes offering MBBS courses are required to conduct a psychiatry quiz competition (preliminary) in their respective colleges and then send a team of 2 participants to represent their institute at the state level psychiatry quiz (final) to be conducted at SIPSCON 2026. If more than 6 teams are shortlisted for the state level quiz final, the Branch of Indian Psychiatric Society (Kerala) will conduct an online quiz amongst the shortlisted teams and select the top 6 teams who will then attend the quiz finals at SIPSCON 2026 on **7 August 2026; 2 PM at IMA House, Kochi.**

First Prize: Rs. 7000/- and certificates, Second Prize: Rs. 5000/- and certificates, Third Prize: Rs. 3000/- and certificates. The First Prize winning team will also get an opportunity to represent Kerala state at the South Zone conference of the Indian Psychiatric Society. Institutes should submit the **details of their 2 team members** via email to both Chairperson, Scientific Committee, SIPSCON 2026 & Chairperson of the IPS-KSB Awards Committee on or before **30th June 2026.**

For detailed information, visit sipscon2026.in

Free Paper presentation

The Branch of Indian Psychiatric Society (Kerala) invites submissions for research papers to be presented at SIPSCON 2026.

The presenting author and all the other authors must be members of the Branch of Indian Psychiatric Society (Kerala). The writing format and referencing of the paper should adhere to the guidelines of the Kerala Journal of Psychiatry. The selected papers will have an oral presentation at SIPSCON 2026. The time allotted for oral presentation will be 7 minutes followed by 1 minute of discussion for each paper.

Submit a structured **abstract** with a word limit of 300 words and a **covering letter** mentioning the names and contact addresses of all authors on or before **15th July 2026**. If the submitted abstract is selected, the **final Microsoft PowerPoint presentation** of the research paper to be presented at SIPSCON 2026 should be submitted through the web portal on or before **28th July 2026**.

For detailed information, visit sipscon2026.in

Free Poster presentation

The Branch of Indian Psychiatric Society (Kerala) invites submissions for e-posters to be presented at SIPSCON 2026.

The presenting author and all the other authors must be members of the Branch of Indian Psychiatric Society (Kerala). The e-poster should follow the e-poster guidelines and design of the template given on sipscon2026.in.

Submit a structured **abstract** and a **covering letter** mentioning the names and contact addresses of all authors on or before **15th July 2026**. If the submitted abstract is selected for presentation, the **final e-poster** in Microsoft PowerPoint format should be submitted through the web portal on or before **28th July 2026**.

For detailed information, visit sipscon2026.in

Free Paper presentation for MBBS undergraduates

The Branch of Indian Psychiatric Society (Kerala) invites submissions from MBBS undergraduates for research papers pertaining to psychiatry to be presented at SIPSCON 2026.

The **guide** or the **co-guide** of the undergraduate **should be a psychiatrist and a member of the Branch of Indian Psychiatric Society (Kerala)**. The writing format and referencing of the paper should adhere to the guidelines of the Kerala Journal of Psychiatry. The selected papers will have an oral presentation at SIPSCON 2026. The time allotted for oral presentation will be 7 minutes followed by 1 minute of discussion for each paper.

Submit a structured **abstract, permission letter** from the guide or co-guide who is a member of the Branch of Indian Psychiatric Society (Kerala) and a **covering letter** mentioning the names and contact addresses of all guides, co-guides and authors on or before **15th July 2026**. If the submitted abstract is selected, the **final Microsoft PowerPoint presentation** of the research paper to be presented at SIPSCON 2026 should be submitted through the web portal on or before **28th July 2026**.

For detailed information, visit sipscon2026.in

Registration Charges

Category	Till July 31st	Late & Spot
IPS-KSB Member	₹ 7,080 (6000 + GST)	₹ 8,260 (7000 + GST)
IPS Member (National only)	₹ 8,260 (7000 + GST)	₹ 9,440 (8000 + GST)
Non IPS-KSB Member	₹ 9,440 (8000 + GST)	₹ 10,620 (9000 + GST)
PG Student - IPS-KSB Member	₹ 4,720 (4000 + GST)	₹ 5,900 (5000 + GST)
PG Student - Non IPS-KSB Member	₹ 5,900 (5000 + GST)	₹ 7,080 (6000 + GST)
Accompanying Person	₹ 3,540 (3000 + GST)	₹ 4,720 (4000 + GST)
Senior IPS-KSB Member > 65 years	FREE (Members Only)	₹ 4,130 (3500 + GST)

**SIPS
CON
2026**

August 2026
07 | 08 | 09
IMA House, Kochi

Conference Secretariat:
Nair's Hospital, NH-66, Maradu, Kochi 682304

Scan here for
Registration



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Mental Health: Genesis to Senescence
Sipscon
2026



Organized by
Branch of Indian Psychiatric Society (Kerala) &
Ernakulam Psychiatric Society

For Registration, visit:
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